

UM Rehab & Ortho

Meet Deborah Murphey! She has been at UM Rehabilitation and Orthopaedics Institute since 1971. Deborah is the head of the diet office, which is the brain of the food and nutrition operations. A lot has changed since Deborah first started, however she continues to receive frequent kudos from patients and hospital staff about her thoroughness and demeanor when interacting together. Congratulations to almost 50 years Deborah, thank you for your hard work!



UM Medical Center Downtown



Shanntell Hemphill, a baker at the University of Maryland Medical Center for three years. Shanntell's responsibilities include making desserts for patient services; baking fresh danish, muffins and cookies; and creating other sweet treats for our retail café. Shanntell developed a passion for baking at a young age working alongside her mother and grandmother. She honed her skills and taught herself how to decorate cakes and make other creative treats. Shanntell was employed by Sam's Club for eight years, where she became supervisor of the baking department. Shanntell then joined the University of Maryland Medical Center family.

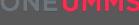
Shanntell loves the opportunities she has at UMMS where she is able to showcase her skills and put smiles on faces. Her hobbies include reading and learning new information in the baking world. One day Shanntell hopes to teach baking classes and open her own bakery.

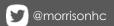
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UM Baltimore
Washington
Medical Center

Karen Ingman has worked at UM Baltimore Washington Medical Center since 2008. She started working part-time in the Tower Café and was on the opening team at that location. A year and a half later when a spot opened for a full-time cashier in the cafeteria, Karen was able to move into that position. She enjoys the interaction with customers and is comfortable handling cash. She receives many compliments on her customer service and attention to detail. When Karen is not helping customers, she can be found stocking supplies or wiping down the counters.

Karen is an avid reader and says she is "never without a book." She likes historical fiction most. Karen is married, has a daughter and two grandchildren. She is definitely a dedicated team member!

Meet Mary Ann, Patient Services breakfast cook! Mary Ann has been cooking at Easton UMMS Shore Health for 34 years and has an additional 15 years of food service experience. Mary Ann is an Easton local, born and raised with two children and four grandchildren to keep her busy. She is part of the Red Hat Society and a proud "Red Hatter." Mary Ann loves her job and loves working alongside a great staff—"It's like a family here"!

Mary Ann also enjoys shopping but loves giving even more. At least once a month she comes to work with a bucket of snacks and gives them out to staff. She is full of life and loves to sing and dance. Her smile lights up the room and shows pride in her work. Thank you, Mary Ann, for all that you do!

UM Shore Health Easton



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University of Maryland Medical System Food and Nutritional Services Newsletter

Teammate Recognition

Please welcome Freeman Taylor, a new chef at UM Charles Regional. Freeman is joining the team through his COVID-19 experience. In April, Freeman was laid off from his former position as the Senior Executive Chef at a hotel after 22 years of service. Freeman found himself, like many others during this time, needing a job while waiting for the pandemic to pass. He joined our team in June as a cook and quickly became a lead cook and stepped into the interim Chef position when needed. He joined the Morrison management team on December 1.

Freeman was born in Oakland California and his family moved to Pensacola Florida when he was two. His father was in the military causing his family to move often, finally ending up in Washington D.C. Freeman and he wife have two boys and live in the D.C. area.

UM Charles Regional



In his free time, Freeman enjoys listening to his large music collection as well as model building. In the spring and summer, Freeman enjoys gardening. He has a very large garden with more than 70 vegetable and herb plants that he and his family enjoy all summer.

Welcome to the team Freeman, we are happy to have you!

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University of Maryland Medical System Food and Nutritional Services Newsletter **Teammate** Recognition

Meet Cassandra Wiegel! Cassandra has been with UM Upper Chesapeake as a hostess for almost three months now and she has hit the ground running. She comes to UM Upper Chesapeake with significant experience from her previous employer, and she is a great addition to the team. She brings excitement to the department with her infectious personality and her willingness to make the foodservice experience for the patient a memorable one.

Cassandra is an avid baker and often brings in some of her delicious homemade treats to share with the team. You can always find Cassandra in good spirits regardless of the situation. In Cassandra's off time, she enjoys volunteering at Show Your Soft Side Animal Rescue Center. As a valued volunteer there, Cassandra often donates her time, large quantities of pet food to the shelter and has opened her home to numerous abused animals. Cassandra is the owner of at least 19 cats and one of them is a certified emotional support cat.

UM Upper Chesapeake



Outside of her volunteer work, Cassandra enjoys every minute of time she can spend with her sister, brother-in-law, and nephew.

UM Prince George's Hospital Center

At UM Prince George's Hospital Center, the team wanted to get everyone in the holiday spirit! They took a quote from one of their favorite holiday poems, 'Twas the Night Before Christmas: "The stockings were hung by the chimney with care" and included each of their employee's stockings to decorate their bulletin board.



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Morrison Healthcare







Jacqueline "Renée" Brooks has been with Shore Regional Health Dorchester for six years in the food service department as a versatile production staffer who can serve in multiple capacities from prepping and cooking to working the café and the patient tray line.

Although most of her career has been in the food and beverage industry, one of her earliest jobs was working at Airpax in Cambridge in the afternoons while still in high school. From there she worked as a field technician for a start-up company that offered TRS-80 computer installations for small companies. Like many of the employees at Dorchester General Hospital, Renee was born and raised in Dorchester County on Maryland's Eastern Shore, "the land of pleasant living." When Renée started working at Dorchester General Hospital, she envisioned spending the rest of her career there, but with the recent redevelopment of the land, Dorchester General Hospital will close in 2021.

Renee plans on moving to North Carolina to be near her daughter, son-in-law, and two granddaughters who are two and a half and six months old. Renée has really enjoyed her role at Dorchester General Hospital. She likes her colleagues very much and knows she is valuable to the team. The team is a close group of people whom she considers "family."



A feeling of nostalgia is settling in for the food service department as they approach the holiday season and many long-timers are coming to realize that an era is coming to a close and a transition will take place for all. Many employees have spent their entire working lives at Dorchester General Hospital, most clocking-in 20, 30 and 40+ year stints. Renee's reliability, work ethic, sense of humor, and no-nonsense approach to work and life will continue to serve her well in the next chapter after Dorchester General Hospital.

Best wishes to Renée and her family!

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University of Maryland Medical System Food and Nutritional Services Newsletter Teammate Recognition

Kendra Sysco started with UM Shore Health Chestertown in April 2006. She is coming up on 15 years with us! When asked why she enjoys her job, Kendra shared that it is "truly the people." Kendra began working at UM Shore Health Chestertown when her Aunt suggested she apply for the job. Kendra hasn't looked back since.

Kendra has two children, two dogs, and two cats. She enjoys eating mac-n-cheese, and her favorite holiday is Christmas. Kendra likes Christmas because she gets to spend time with her family. In her free time, Kendra likes to keep busy as much as she can. Kendra does a great job when she comes to work. She really enjoys what she is doing, and it shows through the great attention she gives the patients. Thank you, Kendra!

UM Shore Health Chestertown



UM St. Joseph Medical Center



Introducing Gilbert Gardner, a true utility extraordinaire! Throughout Gilbert's nine years of service, he has been a shining example of hard work and dedication to patient care. He's always willing to help whenever and wherever needed. His sense of humor is always helpful for getting everyone through the day. We appreciate you Gilbert!

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University of Maryland Medical System Food and Nutritional Services Newsletter Teammate Recognition

Nicole Stewart has worked at Harford Memorial Hospital for an amazing 27 years! In the years working at Harford Memorial Hospital Nicole has raised three children as a single Mom. She now has three grandchildren she adores and flies out to Arizona to visit them every chance she gets.

Nicole has trained many of the successful Host/Hostess on the team. As a Lead Hostess, she exemplifies the high standards for the department. Nicole is always ready to fill in if there's a call out and provide a hand when multiple challenges arise. If there is ever a Host/Hostess question Nicole is the go-to for guidance on how to proceed.

The department is a better place with Nicole in it!

UM Harford Memorial



UMMC Midtown



Some of the best gifts we can give to each other is help and compassion. That is just what Ashley Cook gives to our patients every day. She joined Midtown in 2013 and has become one of our most welcoming hostesses. Most recently, Ashley was recognized by a patient's family who stated, "Ashley was such a blessing with her gift of time and compassion to my husband. She was the reason my husband starting eating and got his strength back." What a great testament to the training and dedication of our patient services associates. Way to go Ashley!!

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